VISUAL TOKEN SYSTEMS

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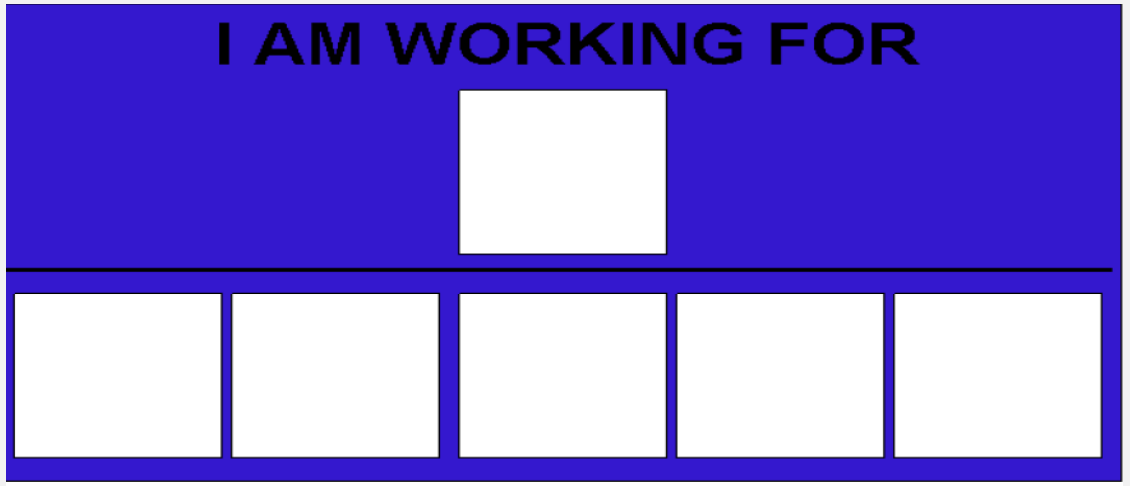
TOKEN SYSTEMS ARE EFFECTIVE FOR INCREASING ON-TASK BEHAVIOR AND WORK COMPLETION



http://www.silverliningmm.com/tokenframe.htm

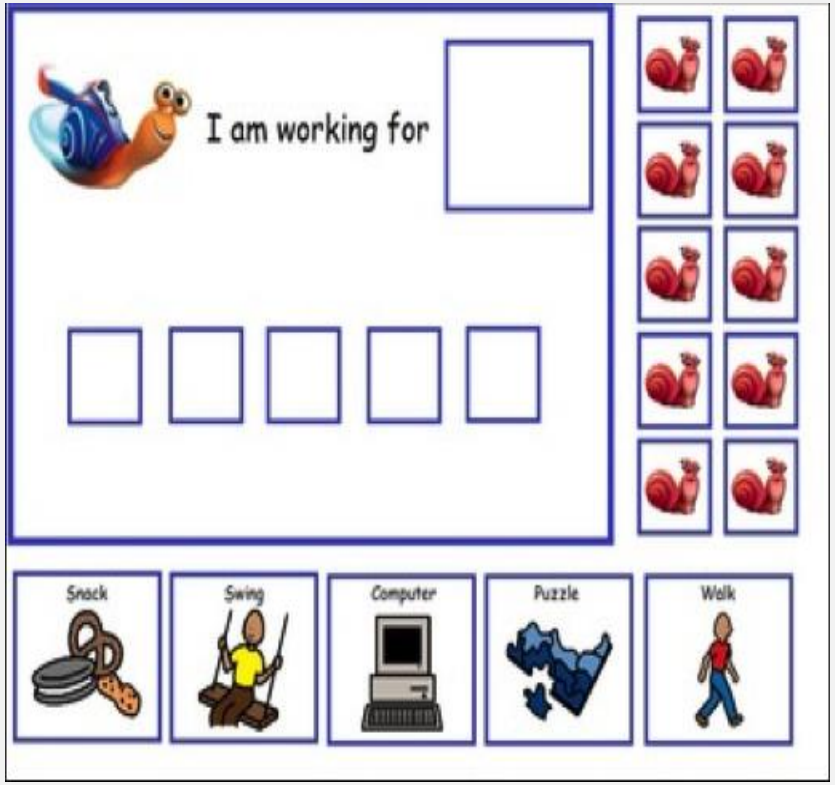
TOKEN SYSTEMS BENEFITS

- **Highly effective for students with low work stamina.**
- **Provides a high rate of feedback and reinforcement.**
- **Advantage: Token systems set the stage for teaching delayed gratification. Once the student has learned and "bought into" the system, demands can be increased e.g., increase the number of tokens earned before a token exchange.**
- **Provide a menu of reward options for the token exchange. Keep it fresh.**

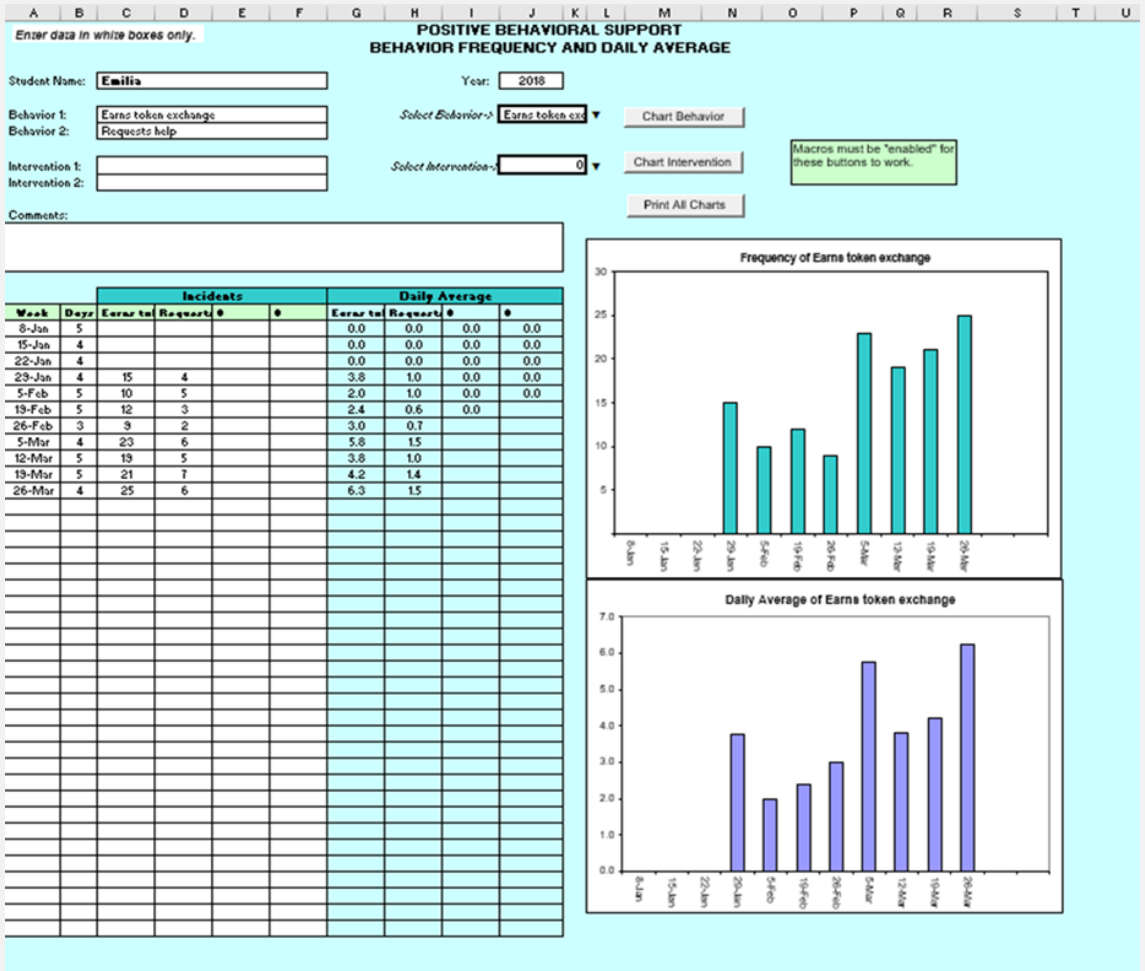
Token Systems

TIPS:

- Teach the token system to staff AND to the student. Identify who will do this.
- Agreement on how students earn tokens – be very specific and consistent – EVERYBODY follows the plan.
- Do not take tokens away as a consequence.
- Provide token immediately after task completion or at scheduled time – let student know why they received the token/social reinforcement.
- Ensure the reward is meaningful to the student. Create a reward menu.



TOKEN SYSTEMS AND DATA COLLECTION



Enter data in white boxes only.

POSITIVE BEHAVIORAL SUPPORT
BEHAVIOR FREQUENCY AND DAILY AVERAGE

Student Name: Emilia
Year: 2018

Behavior 1: Earns token exchange
Behavior 2: Requests help

Select Behavior-> Earns token exc
Chart Behavior

Intervention 1:
Intervention 2:

Select Intervention-> 0
Chart Intervention

Print All Charts

Macros must be "enabled" for these buttons to work.

Comments:

		Incidents				Daily Average			
Week	Days	Earns to	Requests			Earns to	Requests		
8-Jan	5					0.0	0.0	0.0	0.0
15-Jan	4					0.0	0.0	0.0	0.0
22-Jan	4					0.0	0.0	0.0	0.0
29-Jan	4	15	4			3.8	1.0	0.0	0.0
5-Feb	5	10	5			2.0	1.0	0.0	0.0
19-Feb	5	12	3			2.4	0.6	0.0	
26-Feb	3	9	2			3.0	0.7		
5-Mar	4	23	6			5.8	1.5		
12-Mar	5	19	5			3.8	1.0		
19-Mar	5	21	7			4.2	1.4		
26-Mar	4	25	6			6.3	1.5		

How often is the student earning tokens and token exchanges?

These can be indicators of success with replacement behaviors:

- **Task completion**
- **Asking for help**
- **Following directions**
- **Using appropriate language**

COMBINING TOKEN SYSTEMS WITH CICO

- Check In/Check Out is a commonly used Tier 2 intervention
- CICO is also used with students who need more complex behavior plans
- Both a token system and CICO can be used to provide:
  - Structured, high frequency positive feedback
  - Positive reinforcement for demonstrating replacement behaviors (on-task, work/task completion, respectful, responsible, safe)

CICO DAILY POINT SHEET

Rating Scale

2= Great
1= OK
0= Goal Not Met

Points Possible ____
Points Received ____
% of Points _____
Goal Met? Y N

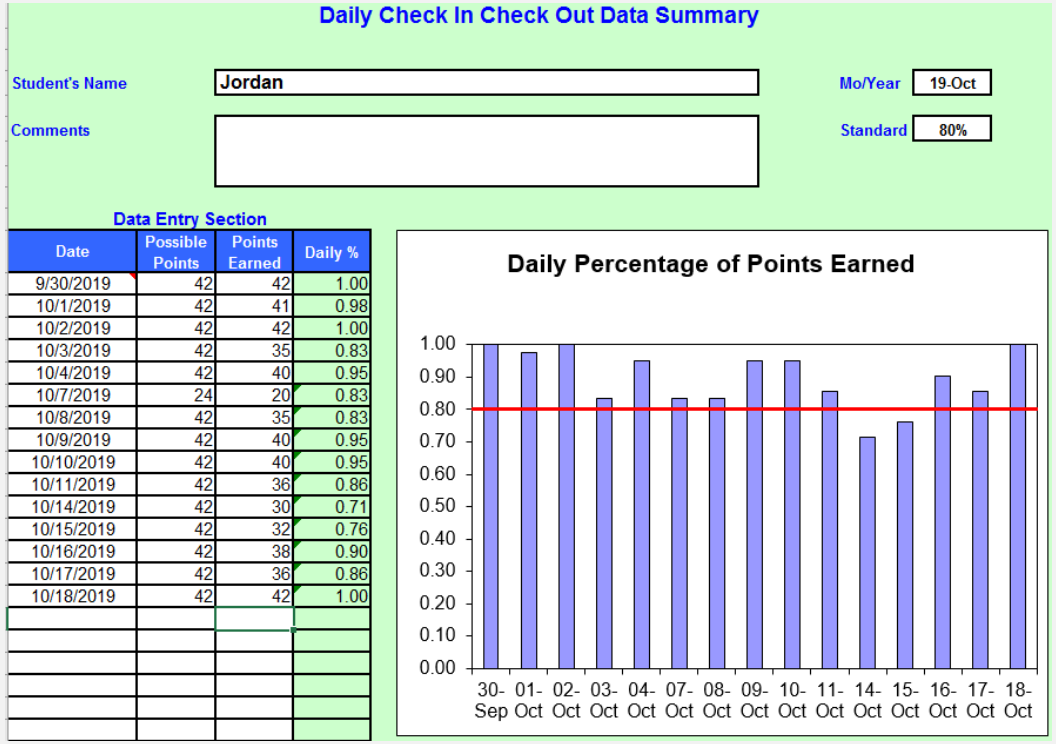
Name _____

Date _____

	Reading	Math	Open	PE/Mu	Science
Respectful	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0
Responsible	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0
Safe	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0

DAILY CICO DATA SUMMARY TEMPLATES

HTTPS://WWW.RESA.NET/TEACHING-LEARNING/PBIS



Daily Check In Check Out Data Summary

Student's Name: Jordan

Mo/Year: 19-Oct

Comments:

Standard: 80%

Data Entry Section

Date	Possible Points	Points Earned	Daily %
9/30/2019	42	42	1.00
10/1/2019	42	41	0.98
10/2/2019	42	42	1.00
10/3/2019	42	35	0.83
10/4/2019	42	40	0.95
10/7/2019	24	20	0.83
10/8/2019	42	35	0.83
10/9/2019	42	40	0.95
10/10/2019	42	40	0.95
10/11/2019	42	36	0.86
10/14/2019	42	30	0.71
10/15/2019	42	32	0.76
10/16/2019	42	38	0.90
10/17/2019	42	36	0.86
10/18/2019	42	42	1.00

- Use CICO as a data source and an overall picture of how the student is doing.
- The token system supports the student with task completion and keeps the student on track to earn their points throughout the day.
- Both the Individual Data Summary on token exchanges and the CICO Daily or Weekly summaries provide important data for behavior review or school-based wraparound meetings.

- Reitman, D. 2004. Behavior change and perceptions of change: evaluating the effectiveness of a token economy. *Child and Family Behavior Therapy, 26.2, 17.*