



SERVICE LEADERSHIP COLLABORATION EXCELLENCE



## How to Use This Guide

## This interactive guide has information and tools for young children, families, and educators.



Links in blue are intended for children ages 3-5

Links in orange are intended for the families of children ages 3-5



Links in green are intended for the educators of children ages 3-5

## Just scan the QR code with your smart phone or tablet:





These materials were developed under a grant awarded by the Michigan Department of Education.





**Wayne RESA:** 33500 Van Born Road, Wayne, MI 48184 (734) 334–1300 • (734) 334–1630 FAX • www.resa.net

Board of Education: James S. Beri • Mary E. Blackmon • Danielle Funderburg Lynda S. Jackson • James Petrie

Randy A. Liepa, Ph.D., Superintendent

# **Getting Ready**

## for Wonderful Winter!

## 🥪 For Children

#### Let's Make a Snowman!

Interactive games, videos and read alouds for your child's enjoyment.



## B For Families

Hot Chocolate Cloud Dough

Simple recipe for some winter sensory fun!





#### Sesame Street Nature Walk Video

Get outdoors and explore nature!



## ) For Educators

#### Cold Weather Outdoor Play— Boosts Immune System

The benefits of outdoor winter play.





# Literacy

## Helping children engage with language

## 🥪 🛛 For Children



The Snowy Day (Book Read Aloud)

Ezra Jack Keats's classic story, with animation by Jay

Boucher and narration/sound by Napoleon Maddox.

*The Snowy Day* read aloud story for kids.





### 🕑 For Families

Hot Chocolate Picture Recipe



Do you love to drink hot chocolate in the winter time? Here is a child-

friendly recipe families can follow to make their own yummy cup of hot chocolate!



## ) For Educators

#### Read Alouds and Vocabulary... Can't Get Enough!



Pre-K Essential 2: Bullets 1-5



Pre-K Essential 3, Bullet 1: Leading Children in Higher-order Discussion



Pre-K Essential 3, Bullets 2 and 3: Interactive Read-Alouds and Vocabulary Development



Pre-K Essential 3, Bullet 4: Using New Vocabulary Throughout the Day

# Health

## Keeping children safe and strong

## 😸 For Children



Wash Your Hands!

Everybody Come Along and Wash Your Hands!



## B For Families

Is Your Child Too Sick for School?

A family guide of when to keep your sick child home from school.





## ) For Educators



#### English / Spanish Handwashing Poster for the Classroom

Clean hands keep you healthy!



# Mindfulness

## Slowing down and being present

### 🥪 🛛 For Children

### Pedro the Penguin! Video for Children



A Cosmic Kids yoga story adventure!



### 😚 For Families



Hot Chocolate! Yes, Please!

Take a mindful moment with your child and practice this fun but relaxing hot chocolate breathing activity.



## For Educators



**Snowga!** Winter obstacle course with yoga.



# **Additional Resources**

### Great Start Wayne Collaborative

Great Start Wayne provides resources and information to Wayne County families about child development and early childhood.





GSRP is a Michigan state-funded preschool program for four-year-old children.





#### **Talking Is Teaching**

Learning begins at birth! When you talk, read, and sing with your child—even before they can use words—you're building their brain and helping to prepare them.



<section-header>

## **Additional Resources**





Wayne RESA – GSRP



## GSRP— Wayne RESA



@wayneresagsrp

