

Help Us Have a Good Day!

Positive Strategies for Families



Give me **choices**

Do you want your breakfast in the orange bowl or the green bowl?



Remind me of the rules

Remember, we keep ourselves safe, so go up the steps, down the slide.



Help me know when something is going to **end/change**

Five more minutes until dinner.



Catch me **being good**

Wow, thanks for trying something new. I hope you feel proud when you try new things!



Tell me exactly **what to do**

First we get into the bathtub and then we do bubbles.



Show me what is going to happen



More family resources at

ChallengingBehavior.org/Implementation/Family.html



National Center for
**Pyramid Model
INNOVATIONS**



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