

# Limited Licensed Professional Counselor – 127 Telemedicine

\*Telemedicine is the modality of service using telecommunications and information technologies\*

#### INSIGHT-ORIENTED VERSUS INTERACTIVE COMPLEXITY PSYCHOTHERAPY

- 1. Insight-oriented psychotherapy is behavior-modifying and/or supportive conversation between therapist and client
- 2. Interactive complexity psychotherapy incorporates physical aids to overcome barriers to therapeutic treatment:
- A. Maladaptive Communication (i.e. high anxiety, reactivity, repeated questions, or disagreement).
- B. Emotional or Behavioral Conditions inhibiting implementation of the treatment plan.
- C. Mandated reporting such as in situations involving abuse or neglect.
- D. Use of play equipment, devices, interpreter, or translator required due to inadequate language expression

Procedure Code	Description	Time Requirement
	Therapy/Treatments – audio & visual	
90832:95	Individual Therapy – Insight - audio & visual	16-37 mins
90832+90785:95	Individual Therapy – Interactive - audio & visual	16-37 mins
90834:95	Individual Therapy – Insight - audio & visual	38-52 mins
90834+90785:95	Individual Therapy – Interactive - audio & visual	38-52 mins
90837:95	Individual Therapy – Insight - audio & visual	At least 53 mins
90837+90785:95	Individual Therapy – Interactive - audio & visual	At least 53 mins
90846:95	Family Therapy w/o student - audio & visual	At least 26 mins
90847:95	Family Therapy w/student - audio & visual	At least 26 mins
90853:95	Group Therapy other than family – Insight 2-8 Students - audio & visual	Minimum 5 mins
90853+90785:95	Group Therapy other than family – Complex Interactive 2-8 Students - audio & visual	Minimum 5 mins
Therapy/Treatments – audio only		
90832:93	Individual Therapy – Insight - audio only	16-37 mins
90832+90785:93	Individual Therapy – Interactive - audio only	16-37 mins
90834:93	Individual Therapy – Insight - audio only	38-52 mins
90834+90785:93	Individual Therapy – Interactive - audio only	38-52 mins

### Non-Billable Code

- Consult Only Use for logging students with consult-only services listed in the Program & Services section of their IEP
- **Behavior Plan Meeting** use to log students with a behavior plan
- Communications Use to log communications with parents, other providers, staff
- Attendance Use to log when a student is missing therapy(ies) due to absences
- No School Day Use to document snow days or other no school day
- Record-Keeping Use for any student record-keeping purposes you want to track
- Student Observation Use to document time observing students for evaluation purposes



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## SERVICE DETAIL (DAILY):

- 1. Reference each type of service claimed including assessments and participation in the multi-disciplinary team assessment
- 2. <u>Describe</u> what actually occurred on the date of service. Ensure that the Service Detail Note (daily note) is sufficiently detailed to allow reconstruction of what transpired for each service billed.
- 3. <u>Indicate</u> the result of the therapy session (student's response).

**Example of Service Note Detail:** The student was able to talk about a situation with a peer that made him angry and how he was able to diffuse his anger.

### MONTHLY SUMMARY (PROGRESS) NOTES:

- 1. Summarize (evaluate) the student's monthly progress toward your medical/health-related goal.
- 2. Include any changes in medical/mental status and changes in treatment with rationale for change.
- 3. Service Detail (Daily) Notes and Monthly (Progress) Summary Notes must not match.

**Example of Summary Note:** Student has shown an increase in displaying appropriate social, emotional, and behavioral skills this month, particularly with his peers.

**RECORD KEEPING:** Keep copies of all supporting documentation related to this service for a period of 8 years (FY+7) regardless of the change in ownership or termination of participation in Medicaid.